



FOOD LIST OF SEPTEMBER 2023-2024

DATE	MORNING	LUNCH	AFTERNOON	
04.09.2023 MONDAY	OMELETTE, KAŞAR CHEESE, BLACK OLIVES, GREEN OLIVES, BUTTER, HONEY, MILK	TOMATO SOUP, MEAT FILLED DUMPLINGS (MANTI), MEDITERRANEAN GREEN BEANS, PUDING	FRUIT SALAD	1715
05.09.2023 TUESDAY	CHEESE, BLACK OLIVES, GREEN OLIVES, MOLASSES WITH TAHINI, HERBAL TEA, DRIED FRUITS	MEAT STUFFED PEPPER (DOLMA), PASTA WITH TOMATO SAUCE, SEASONAL GREENS	BROWNIE, MILK	1802
06.09.2023 WEDNESDAY	CREPE, CHEESE, GREEN OLIVES, HONEY, MILK	LENTIL SOUP, HASAN PAŞA MEATBALLS, AYRAN	PASTRY (KALEM BÖREK) , AYRAN	1730
07.09.2023 THURSDAY	KAŞAR CHEESE, BLACK OLIVES, BUTTER, JAM, HERBAL TEA, DRIED FRUITS	CHICKEN STEW (WITH POTATOES), RICE, PURSLANE WITH YOGURT	WALNUT CAKE , MILK	1742
08.09.2023 FRIDAY	BOILED EGGS, CHEESE, BLACK OLIVES, GREEN OLIVES, BUTTER, HONEY, MILK	GREEN LENTIL SOUP (WITH MINCED MEAT), NOODLE (WITH NUTS), MIMOSA SALAD, FRUITS	BAGEL WITH KAŞAR CHEESE, HERBAL TEA	1670
11.09.2023 MONDAY	OMELETTE, KAŞAR CHEESE, BLACK OLIVES, GREEN OLIVES, BUTTER, HONEY, MILK	VEGETABLE SOUP, OVEN ROASTED CHICKEN (WITH VEGETABLE GARNITURE), RICE, AYRAN	FRUIT SALAD	1609
12.09.2023 TUESDAY	CHEESE, BLACK OLIVES, GREEN OLIVES, MOLASSES WITH TAHINI, HERBAL TEA, DRIED FRUITS	SPINACH (WITH MINCED MEAT, PASTA MADE IN OVEN, YOGURT	CARROT CAKE, MILK	1665
13.09.2023 WEDNESDAY	CREPE, CHEESE, GREEN OLIVES, HONEY, MILK	SAHAN MEATBALLS (WITH POTATOES), PENNE PASTA WITH TOMATO SAUCE, SEASONAL SALAD	SANDVICH, FRUIT TEA	1705
14.09.2023 THURSDAY	KAŞAR CHEESE, BLACK OLIVES, BUTTER, JAM, HERBAL TEA, DRIED FRUITS	TOMATO SOUP, MEDITERRANEAN(WITH MEAT), FRUIT COMPOTE (APRICOT)	HAZELNUT COOKIES, MILK	1702
15.09.2023 FRIDAY	BOILED EGGS, CHEESE, BLACK OLIVES, GREEN OLIVES, BUTTER, HONEY, MILK	MUSHROOM STEW, RICE OF WHEAT GRAINS, YOGURT	MINI PIZZAS, AYRAN	1806
18.09.2023 MONDAY	OMELETTE, KAŞAR CHEESE, BLACK OLIVES, GREEN OLIVES, BUTTER, HONEY, MILK	GREEN PEA, RICE, SEMOLINA HALVA	TURKISH SALTY COOKIES, MILK	1590
19.09.2023 TUESDAY	CHEESE, BLACK OLIVES, GREEN OLIVES, MOLASSES WITH TAHINI, HERBAL TEA, DRIED FRUITS	YAYLA SOUP, ROASTED MEATBALLS WITH MASHED POTATOES, SALAD (WITH CORN)	RICE PUDDING	1654
20.09.2023 WEDNESDAY	CREPE, CHEESE, GREEN OLIVES, HONEY, MILK	ZUCCHINI DOLMA, PASTA, YOGURT	BREAD WITH HONEY, MILK	1561
21.09.2023 THURSDAY	KAŞAR CHEESE, BLACK OLIVES, BUTTER, JAM, HERBAL TEA, DRIED FRUITS	VEGETABLE SOUP, CHICKEN STEW, RICE, CACIK	PASTRY (ÇATAL), FRUIT TEA	1555
22.09.2023 FRIDAY	BOILED EGGS, CHEESE, BLACK OLIVES, GREEN OLIVES, BUTTER, HONEY, MILK	TOMATO SOUP, GRILLED MEATBALLS, BAKED POTATOES, SEASONAL SALAD	TURKISH SHORTBREAD	1499
25.09.2023 MONDAY	OMELETTE, KAŞAR CHEESE, BLACK OLIVES, GREEN OLIVES, BUTTER, HONEY, MILK	LENTIL SOUP, VEGETABLE STEW (TÜRLÜ)	PUFF PASTRY, AYRAN	1569
26.09.2023 TUESDAY	CHEESE, BLACK OLIVES, GREEN OLIVES, MOLASSES WITH TAHINI, HERBAL TEA, DRIED FRUITS	MUSHROOM SOUP, DOLMA (PEPPER AND ZUCCHINI), PASTA, YOGURT	PASTRY (BÖREK) FILLED WITH SPINACH ,LİMONATA	1576
27.09.2023 WEDNESDAY	CREPE, CHEESE, GREEN OLIVES, HONEY, MILK	VERMICELLI SOUP, HAMBURGER, AYRAN	HOMEMADE PASTRY FILLED WITH POTATO , HERBAL TEA	1605
28.09.2023 THURSDAY	KAŞAR CHEESE, BLACK OLIVES, BUTTER, JAM, HERBAL TEA, DRIED FRUITS	YOGURT SOUP WITH MINT, LAMB STEW WITH VEGETABLES (ORMAN KEBABI), RICE WITH BARLEY NOODLE, APPLE	ACIBADEM COOKIE, MILK	1597
29.09.2023 FRIDAY	BOILED EGGS, CHEESE, BLACK OLIVES, GREEN OLIVES, BUTTER, HONEY, MILK	VEGETABLE SOUP, CHICKPEAS, RICE, YOGURT	PASTRY (ÇATAL) ,LEMONADE	1559